

Silence and Meditation



Universal Self

Emanation of Universal Self to
Higher Self

Higher Self

Emanation of Self to "I"
And bridge of consciousness

Personal self and "I"

Reflection of consciousness

Worlds of
transcendence

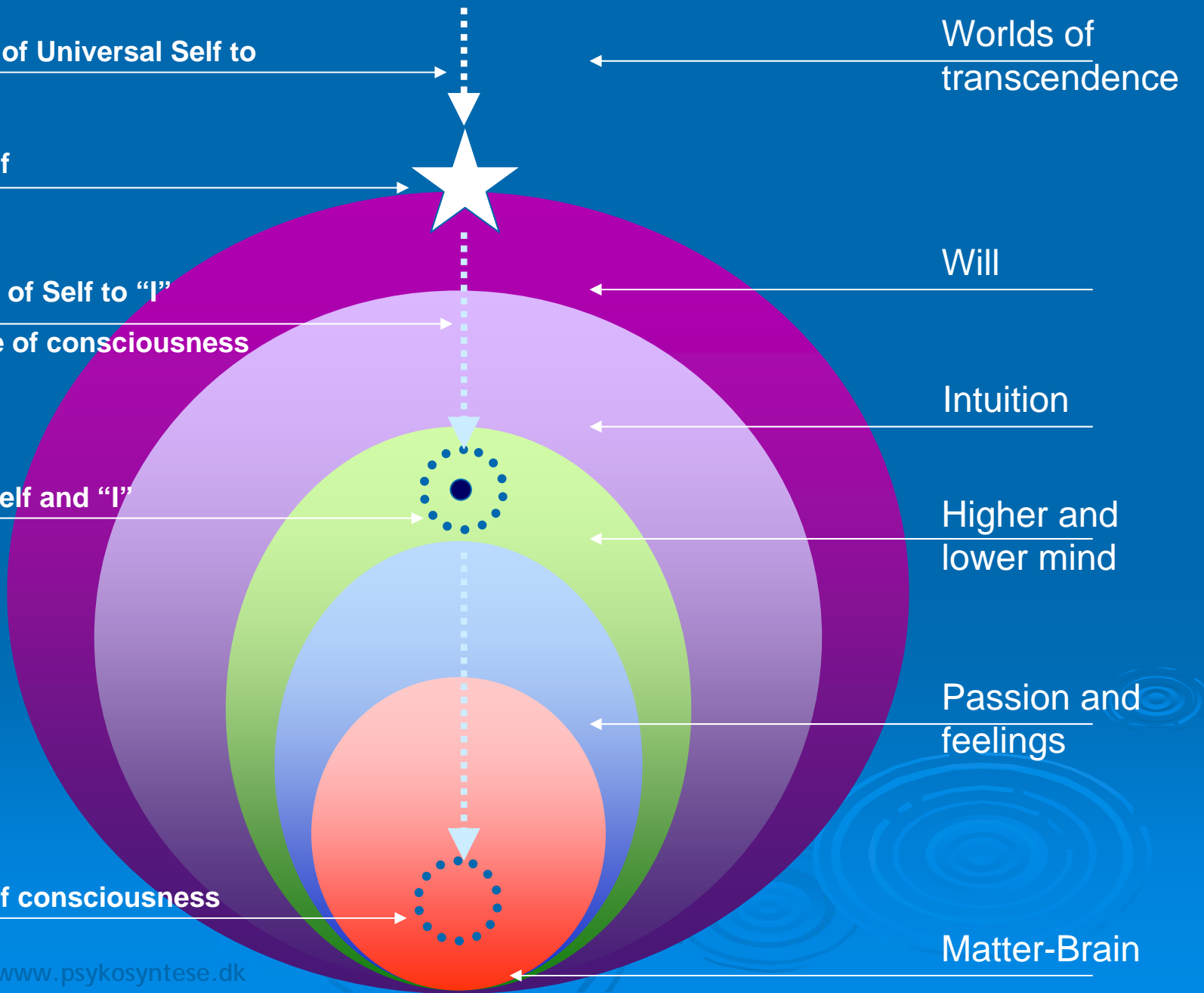
Will

Intuition

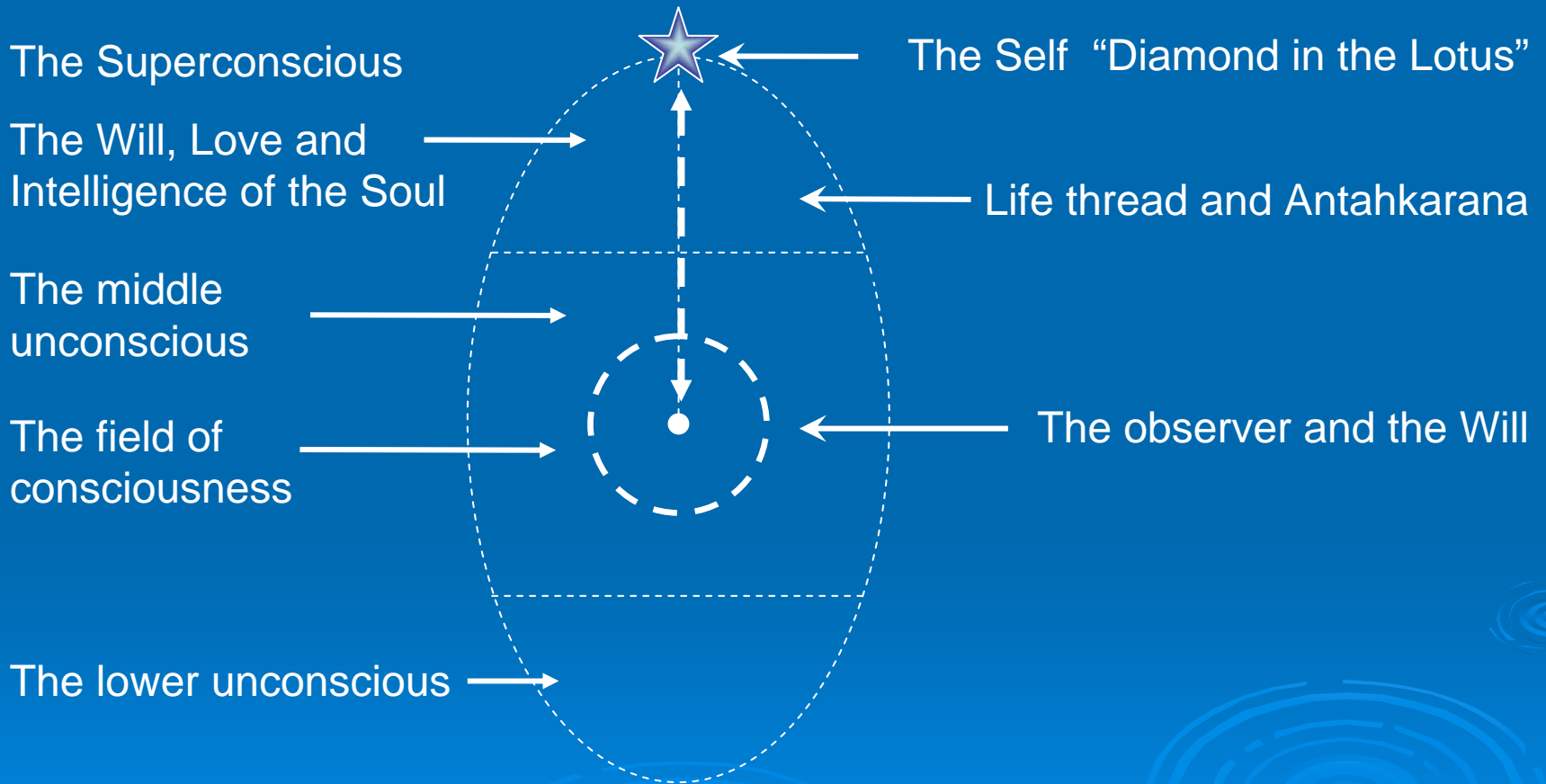
Higher and
lower mind

Passion and
feelings

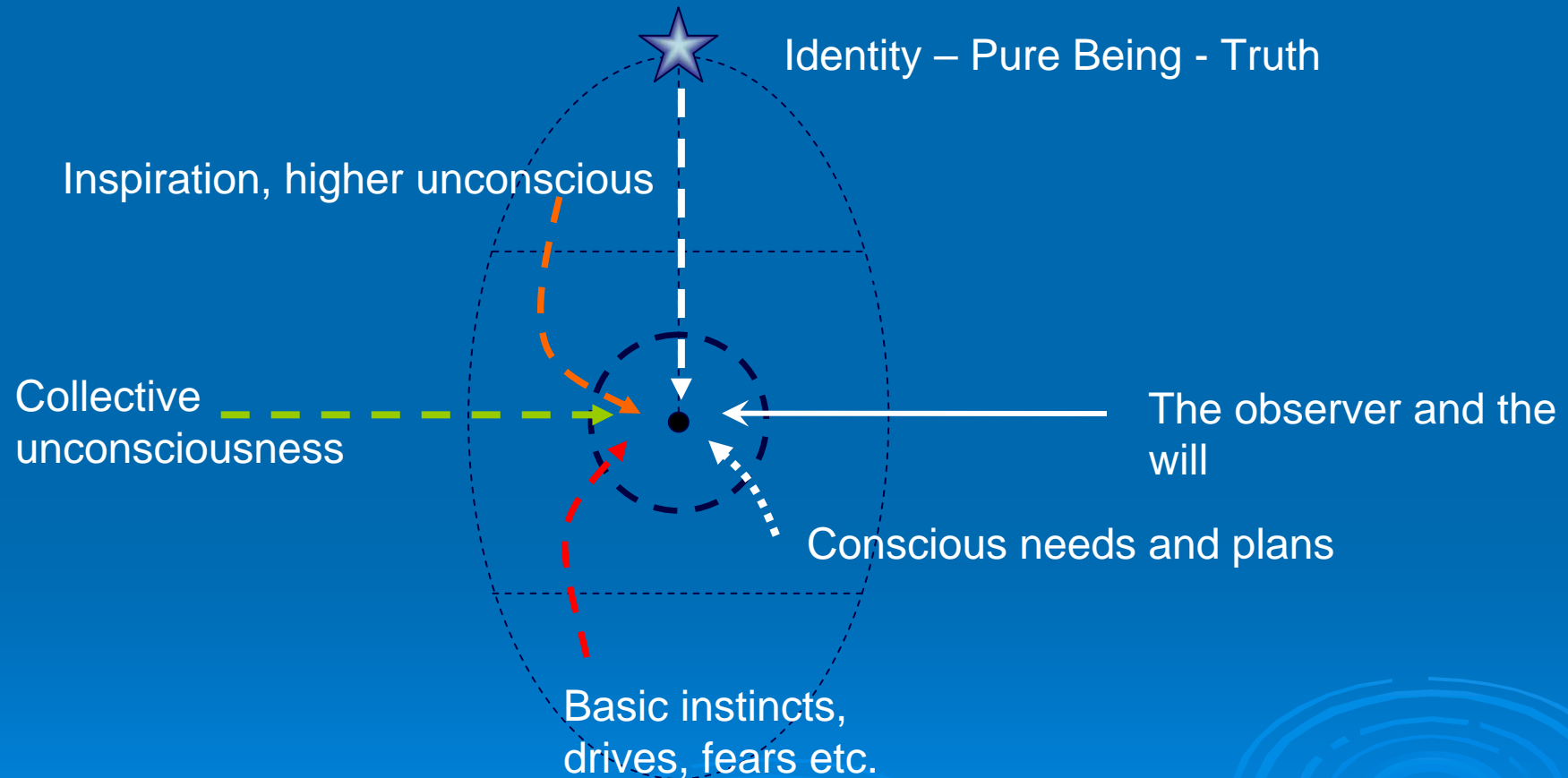
Matter-Brain



Assagioli's Egg Diagram

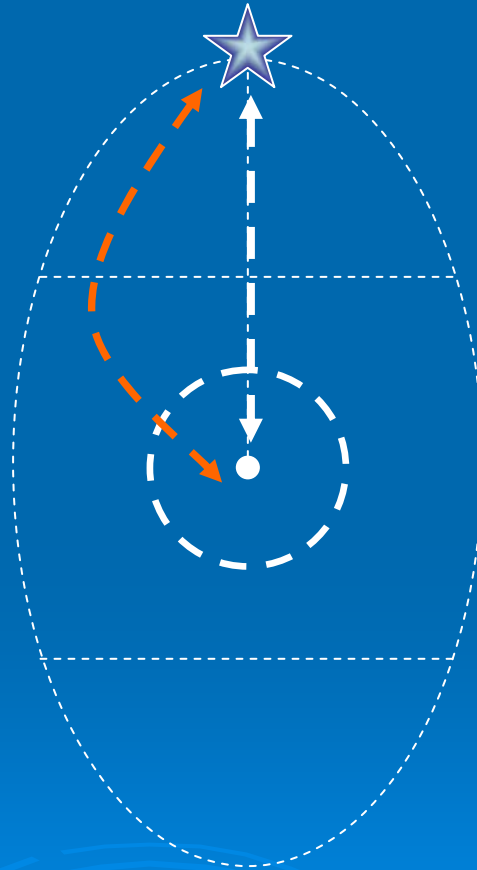


Assagioli's egg-diagram



Two approaches to the soul

Ascent through form and formlessness

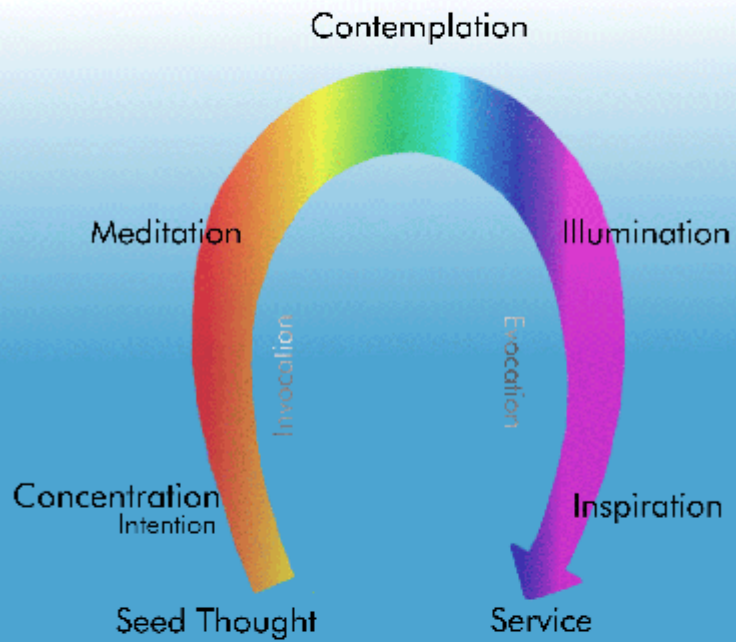


The Silence

- It will develop the inner void - a vacuum of centeredness.
 - It will silence the mind stream.
 - It will purify the antahkarana – the silent path between brain, mind and soul.
 - It will act as a storehouse for the life purpose – and build an inner tension – a space filled with life ready to act.
 - It will create a gradual expansion of consciousness to higher/wider and more impersonal states of being.
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- *"Silence is the best method whereby spiritual force is both generated and stored for us" DK*

Occult Meditation

The razor edge loop



The King

- *A point of pure Fire, Life and Being*
- *A sense of being The One Life, The One Ruler, The King*
- A sense of permanence, indestructibility, eternity, pure identity
- A still immovable point from which everything revolves
- A sense of being all what you strive to become

- Creative expression:
- A strong sense of Purpose: the will to illumination, the will to love
- An impersonal world oriented power to ignite the world
- Vertical ascend through the life thread

The Witness Self

- The ever Awaken One – the Atman Self
 - A sense of identification with the whole as the whole
 - A blend of individual and universal consciousness
 - Pure whiteness, purity, the unborn.
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- Creative expression:
 - Expansion of consciousness – white light - in horizontal direction – relates it to the King.

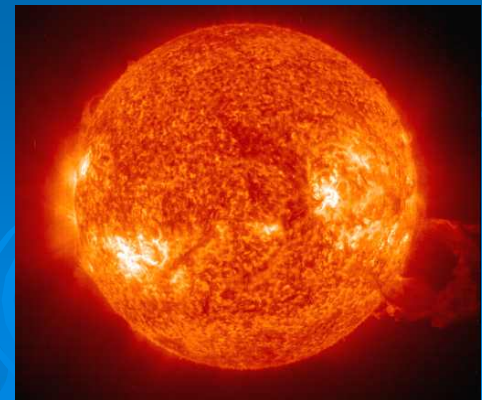


The Silent Will in Manifestation

- *Clarity of intention arises*

This is seeing the Path through an intuitive understanding of the purpose, where I belong in the world of becoming, and how I must act in order to manifest the Purpose through:

- a. Vision (e.g. “The will to enlighten the world”)
- b. Responsibility or duty
(proclaiming the Kingdom - power - authority)
- c. Willful planned action (six stages of the Will)



The Six Stages of Willing

Reflection

Execution

1

2

3

4

5

6

Vision/Goal

Deliberation

Choice and
decision

Motivation

Planning

Direction of
the execut.

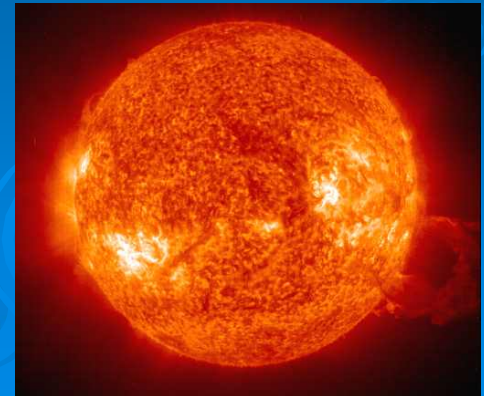
The Silent Will in Manifestation

- *Group Service*

A group is a shared field of consciousness aligned with an overshadowing Purpose. This creates:

a. *Right human relations.* This is the right hierarchical position within the group field in order to serve and be served

b. *A natural hierarchy with cooperative leadership*



The Silent Will in Manifestation

- *Principles of Transformation*

The Silent Will demands the continual development of Soul attributes that will establish the Kingdom of the Soul.

We strive for:

- a. Decentralisation

(Identifying with the larger picture and by doing so – becoming the One)

- b. Spiritual dignity (always act like a King)

- c. Courage (face everything, avoid nothing)

